# GOT CANNABIS AT HOME? HELP PROTECT KIDS & PETS

### **KIDS & PETS:**

- Are being seen more frequently for emergency care in our region after consuming cannabis products.
- Are at greater risk for getting very ill due to their smaller size.
- Are more likely to eat an entire chocolate bar or other cannabis product with multiple doses in one package.
- Find edibles especially tempting because edibles often look like candy or baked treats.

### COMMON SIGNS THAT A CHILD OR PET HAS INGESTED CANNABIS PRODUCTS:

- Unexplained tiredness
- Nausea/vomiting
- Lack of coordination

If you think a child has ingested a cannabis product, call Poison Control at 1-800-222-1222.



## HOW TO KEEP CANNABIS AWAY SO KIDS AND PETS CAN SAFELY PLAY!



### KEEP IT OUT OF REACH AND OUT OF SIGHT.

- Secure your stash! Scan the QR code to the right to find a lockbox at a local business.
- Keep track of what you have: amount, potency, and dose.
- Use cannabis and edibles away from kids and youth.
- Talk with other adults who care for your kids or pets about keeping cannabis and edibles out of reach.

### LEARN ABOUT THE DEVELOPING BRAIN & TALK WITH YOUTH



#### A young person's brain is different than an adult brain.

Child and teen brains are primed for learning and are more sensitive to drugs and alcohol, including cannabis. Scan the QR code to the right to learn more!



#### Talk with children and youth about drugs and alcohol.

Older children and youth may recognize cannabis products but often don't know the risks for developing brains. Talking about drugs and alcohol and setting clear expectations leads to youth being less likely to use substances and more likely to ask for support if they need it.

### **RESOURCES**



This national campaign helps adults have good conversations with children and youth about alcohol, cannabis, and other drugs. samhsa.gov/talk-they-hear-you/parent-resources



### **Communities that Care**

COALITION

of Franklin County & the North Quabbin

This local coalition has online resources on raising healthy youth and much more!



communities that care coalition.org